

## The Philosophical Transferal from an individual to become human

Dr. Kamala Srinivas  
Assistant Professor  
Department of Philosophy  
SIES College of Arts, Science & Commerce (Autonomous)  
Sion West, Mumbai – 400 022  
Email id.: kamalas@sies.edu.in

Abstract:

*buddhi-yukto jahātīha ubhe sukṛita-duṣhkṛite  
tasmād yogāya yujyasva yogaḥ karmasu kauśhalam*

One who prudently practices the science of work without attachment can get rid of both good and bad reactions in this life itself. Therefore, strive for Yog, which is the art of working skillfully in proper consciousness. [BG II.50]

The creative human potential can be realized only by constantly striving for freedom. The question of whether or not there is freedom from the constraints of society, or even freedom to do what one wants to do or else freedom to be who one is meant to be, can never be answered by relying on all external sources. “Nobody and nothing can answer the question but you yourself and that is why you must know yourself. Immaturity lies only in total ignorance of self. To understand yourself is the beginning of wisdom,” states Jiddu Krishnamurthy. Knowledge which characterizes real culture is not mere learning but wisdom with an ethical background. The extent to which one has succeeded in moral discipline determines the quality of one’s knowledge. Knowledge does not end with mere understanding but culminates in realizing the deepest truth of life. Practice of desire-lessness while carrying out one’s responsibility and the power of pause mark the distinctive features of India culture.

The research paper starts with a presumption that there is a difference between an individual and a human being. It is a person’s language, influences, routines that guide in daily life. The paper shall review various interdisciplinary research that demonstrate, a ‘fixed mindset’ limiting oneself and offers an alternate to it, as it’s essential today ‘growth outlook’ which can take one forward to excellence. Further, the paper rediscovers that such a ‘growth outlook’ is rooted in Indian culture. For instance, Srimad Bhagavad Gita is one such repository loaded with ‘growth outlook.’ Today, the ‘fixed mindset’ culture is limiting human capacity, finding difficulty in identifying one’s own innermost passion. For the new age demands, every one of us having this attitude of the growth- can break open all shackles and empower every individuals’ requirement to overcome any constraint, stand up to any challenge, making it possible for us to transform and thereby for the society to evolve in its mission. Lastly, the paper shall refer to select verses in the Gita and some of the writings of contemporary Indian philosophers in order establish the philosophical transferal from an individual to become human.

Key terms: power of pause, fixed mindset, growth outlook, transferal of individual to become human